



JOHNSTON'S BAKERY

#459 ONION BUNS

FROZEN DOUGH

Ingredients

FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), WATER, YEAST, ONION, SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, HYDROGENATED COTTONSEED OIL), CORN SUGAR, DOUGH CONDITIONER (DATEM, SUGAR, ASCORBIC ACID, ENZYMES), SALT, CULTURED WHEAT FLOUR.

***ALLERGY INFORMATION:
CONTAINS WHEAT AND SOY.

PRODUCT SPECIFICATIONS:

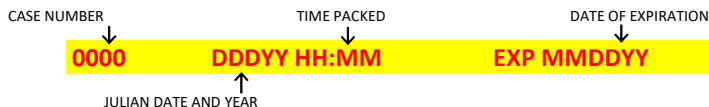
Product Code: **459**
 Piece Weight: **2.25oz**
 Shape: **oval**
 Shelf Life: **100 days**
 UPC: **10040327004593**

CASE INFORMATION:

Case Count: **approximately 180**
 Net Weight: **25#**
 Gross Weight: **26#**
 TI HI: **10 x 6**
 Case Dimensions: **18 x 8.75 x 9 in.**

JOHNSTON'S CASE CODE EXPLANATION

LOCATED ON SIDE OF BOX



Instructions

1. PLACE FROZEN BUNS ON A LINED PAN 4 X 6. (OPTIONAL: FOR HEARTH-BAKED LOOK DUST PAN AND BUNS WITH CORNMEAL.)
2. THAW BUNS IN A REFRIGERATOR OVER NIGHT OR AT ROOM TEMPERATURE FOR AT LEAST ONE HOUR.
3. PLACE BUNS IN PROOF BOX WITH SETTINGS AT 100 DEGREES, MOIST BUT NOT STEAMY. LET RISE FOR 1 HOUR OR UNTIL DOUBLE OR TRIPLE IN SIZE.
4. BAKE AT 380-420 DEGREES FOR 12-20 MINUTES OR UNTIL BUNS ARE GOLDEN BROWN. (FOR CRISPIER CRUST BAKE WITH STEAM IN OVEN, OR BAKE LONGER AT COOLER TEMPERATURE.)
5. LET COOL, THEN PACKAGE.

Nutrition Facts

1 servings per container	
Serving size	1 Roll (64g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	3%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.5mg	8%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



STORAGE AND HANDLING

KEEP CONTAINER CLOSED AND RESEAL PLASTIC BAG WHEN NOT IN USE. FOR BEST RESULTS STORE AT OR BELOW -10 F. BAKE PRODUCT BEFORE CONSUMING.